

## **ClearImpact**

### **The ClearImpact trains Weight Forward, Steady Head and Flat Left Wrist:**

- To achieve a Weight Forward: At “Address” about 50% of your weight is distributed on each foot; at “Impact” between 70 and 85% of your lower body weight is moved to your front foot; at “The Finish” 90 to 95% of your weight should be on your front foot.
- A “Steady Head” is a head that stays centered between the feet from address until at least follow-through. During the swing, your head is a fixed point around which you turn back and forth – it does not move side to side or up and down.
- A Flat Left Wrist is a left wrist that is flat (in line with the forearm), from at least impact through follow through (to the point where the club is at a 45 degree angle to the ground).
- Simply place the ClearImpact about 6 inches behind the ball (at a slightly outward angle to represent Sweetspot Path). If you load your back foot (don't have weight forward) you'll hit the ClearImpact. Also, if you don't take the club back steeply enough (and make contact with the ClearImpact), this can represent movement of your head. If you strike the ClearImpact on the downswing, this is a clear indication of not having a Flat Left Wrist.



## **Immediately Impact Your Game with ClearImpact!**

- The ClearImpact trains you to transfer body weight forward during the swing while keeping your head steady and left wrist flat (for right-handers). Simply place the ClearImpact about six inches behind the ball; position it so its front angles along a line slightly toward the target line. This line represents your swing path. If your weight stays back as you swing, you'll hit the ClearImpact. If you don't take the club back steeply enough — which often means head movement — you'll hit the ClearImpact. And if you flip your wrists so that your left wrist isn't flat (in line with the forearm) on the downswing, you'll hit the ClearImpact.

## **ClearImpact**

- Trains a Correct Weight-Forward
- Teaching Contact with the ball – Before the ground
- Trains a steady head
- Trains a Flat Left Wrist
- Same PureStrike™ Key(s) Used By All Great Golfers